

SANDWICHES

served 12pm - 3pm

A choice of white, brown bread or an Italian focaccia, served with halen môn salted fries, rocket, cherry tomato and red onion salad with pomegranate glaze

FOUR CROSSES CLUB SANDWICH 12.95

Crispy Chicken, Bacon, baby gem lettuce, tomato and mayonnaise

PHILLY CHEESE STEAK 12.95

Slices of sirloin steak fried with peppers, red onion and smothered in melted monterey jack cheese

PLOUGHMANS SANDWICH 10.95

Ham, cheddar and apple and ale chutney

HAM AND COLESLAW 9.95

BEER BATTERED HADDOCK GOUJONS 10.95

Served with a tomato chutney

VEGAN FETA, HUMMUS AND TOMATO 9.95

(V)(VG)

FLAT BREADS

served 12pm - 3pm

CORONATION CHICKPEA (V) 8.95

Served with roasted mango with crispy onions

PRAWNS AND SUNDRIED TOMATOES 12.95

Served in a spicy marie rose sauce, capers and a red chilli dressing

CHARRED SPICED LAMB RUMP 13.95

Served with crumbled feta and crispy onions

STARTERS

CHEF'S SOUP OF THE DAY 6.95

Served with rustic bread and halen môn and herb butter

PRAWN MARIE ROSE AND SUNDRIED TOMATO BRUSCHETTA 8.95

Served with rocket and cherry tomato salad

CREAMY BUTTON MUSHROOM AND ROASTED GARLIC (V) 8.95

Served on toasted rustic bread

HOUSE PATE 9.95

Served with apple and ale chutney and toasted bread

BBQ CHICKEN WINGS & CRISPY CHICKEN GOUJONS COMBO 10.95

Served with a korean style BBQ Sauce

PASTA

CHICKEN, SMOKED PANCETTA AND PARMESAN PENNE 16.95

Chicken, smoked pancetta in a creamy parmesan sauce served with penne pasta and a garlic Ciabatta

MEDITERRANEAN VEGETABLE ARRABIATA PENNE (V) 14.95

Mixture of mediterranean vegetables in an arrabiata sauce served with penne pasta and a garlic ciabatta



FOUR CROSSES

PUB & RESTAURANT

SALADS

CRISPY CHICKEN CAESAR SALAD 12.95

Crispy chicken, bacon, baby gem lettuce and parmesan in a caesar dressing

BANG BANG KING PRAWN AND CRAB SALAD 13.95

Served with cold udon noodles, chilli oil and pak choi

CHARRED STEAK AND PERL LAS BLUE CHEESE 13.95

Charred sirloin steak slices served with perl las cheese and crispy onions and a pomegranate dressing

BUCKWHEAT, BROAD BEAN AND CHICKPEA SALAD (V)(VG) 11.95

All mixed together with rocket leaves, dressed with a wholegrain mustard and red pesto dressing

THE FOUR CROSSES PLOUGHMANS 15.95

Roasted ham, a selection of Snowdonia cheese, balsamic pickled onion, local scotch egg, pork pie with apple and ale chutney and rustic bread

FROM THE SEA

BEER BATTERED FISH OF THE DAY 16.95

Fish of the day served with garden peas, rustic chips seasoned with halen môn and a side of tartar sauce

CLASSIC SCAMPI 15.95

Served with garden peas, halen môn seasoned chips and tartar sauce

LEMON AND HERB CRUSTED SALMON FILLET 19.95

Served with green beans, chantenay carrots, sauteed new potatoes with King prawn and dill sauce

CHEF'S CATCH OF THE DAY 18.95

Chef's choice of fish, Served with sauteed new potato, green beans, chantenay carrots and a garlic and herb butter sauce

FROM THE FLAME

FOUR CROSSES BACON CHEESEBURGER 16.95

2 x 4oz beef burgers topped with cheddar and streaky bacon, baby gem lettuce and tomato in a beer and sourdough bun, served with rustic chips and coleslaw

THE BLUES BURGER 16.95

2 x 4oz beef burger topped with Peal las cheese and red onion marmalade in a beer and sourdough bun, served with rustic chips and coleslaw

ALL THE BELOW COME WITH RUSTIC CHIPS, ROASTED TOMATO, FLAT TOP MUSHROOM AND GARDEN PEAS

10oz SIRLOIN STEAK 24.95

10oz RIBEYE STEAK 27.95

THE FOUR CROSSES MIXED GRILL 31.95

4oz bacon chop, cumberland sausage wheel, 4oz lamb rump, 6oz sirloin steak, black pudding and a fried duck egg

PUB CLASSICS

CHEF'S CURRY OF THE DAY 14.95

Served with Rice, rustic chips, naan bread and mango chutney

STEAK AND ALE PIE 14.95

Served with rustic chips, garden peas and rich gravy

CHEFS LASAGNA 16.95

Served with Rustic chips, Rocket, red onion and cherry tomato salad and garlic ciabatta

BBQ RIBS AND CRISPY CHICKEN GOUJONS COMBO 18.95

Served with rustic chips, coleslaw and cajun corn on the cob

LAMB SHANK 21.95

Served with green beans, chantenay carrots, and root vegetable mash topped with a rich mint gravy

OLD FASHIONED HAM EGG AND CHIPS 12.95

Served with garden peas

12oz GAMMON STEAK 16.95

Served with rustic chips, garden peas, fried egg and pineapple

SPINACH, CHICKPEA AND SWEET POTATO COCONUT CURRY (V)(VG) 13.95

Served with chips, naan bread and mango chutney

SPICED LENTIL AND VEGETABLE BURGER (V)(VG) 14.95

Topped with hummus and vegan feta and crispy onions served with rustic chips and a rocket and tomato salad

PAN FRIED CHICKEN BREAST 17.95

Served in a creamy button mushroom, garlic and smoked pancetta sauce with green beans, sauteed new potatoes and chantenay carrots

LOCAL CUMBERLAND SAUSAGE WHEEL 13.95

Served with root vegetable mash, green beans, chantenay carrots and a rich gravy

FOOD ALLERGIES & INTOLERANCES

Before ordering drink or food please speak to a member of our staff about your requirements. Whilst we take care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-ingredient kitchen environment. Some fish may contain small bones.

SIDES

RUSTIC CHIPS 4.5

RUSTIC CHIPS WITH TRUFFLE OIL AND PARMESAN 6

GARLIC CIABATTA 4.5

GARLIC CIABATTA WITH CHEESE 5

ONION RINGS WITH CAJUN SOUR CREAM 5

CHARRED CORN ON THE COB 5

Served with cajun sour cream

ROCKET, CHERRY TOMATO AND RED ONION SALAD 5

Topped with parmesan and pomegranate glaze

PEPPERCORN SAUCE 3

DIANE SAUCE 3

KING PRAWN, HALEN MÔN AND HERB BUTTER 5

CREAMY PERL LAS AND PORT SAUCE 4

KIDS MENU

MINI FISH 9.95

Served with chips, peas or beans

CHICKEN GOUJONS 7.95

Served with chips, peas or beans

6 OZ SIRLOIN STEAK 11.95

Served with chips, peas or beans

1/2 RACK OF BBQ RIBS 9.95

Served with chips, peas or beans

4 OZ CHEESE BURGER 8.95

Served with chips, peas and beans

SAUSAGE 7.95

served with mash, peas and gravy

CHEESY TOMATO PASTA (V) 7.95

Served with garlic bread

KIDS ICE CREAM 3

DESSERTS

VANILLA CHEESECAKE WITH CHEFS TOPPING OF THE DAY 7.95

Served with pouring cream and fruits

BELGIAN WAFFLE 7.95

Topped with mixed berries and mascarpone and raspberry white chocolate meringue

CHEF'S CRUMBLE OF THE DAY 7.95

Served with custard

DARK CHOCOLATE CHIP AND ORANGE PUDDING (VE) 7.95

Served with Vegan ice cream

HOMEMADE STICKY TOFFEE PUDDING 7.95

Topped with "barti Ddu" butterscotch sauce and vanilla ice cream

CHOCOLATE FUDGE CAKE 7.95

Served with chocolate sauce, fruit coulis and vanilla ice cream

SELECTION OF ICE CREAM 6.95

Served with chocolate pencils and fruit coulis

BRECHDANNAU

ar gael o 12yn-3yh

Dewis o Fara Gwyn neu Frown, focaccia Eidalaidd, wedi'i weini gyda Sglodion, Salad roced, tomatos ceirios a nionyn coch gyda saws pomgranad

BRECHDAN CLWB FOUR CROSESS 12.95

Cyw lar crensiog, bacwn, letys gem babi, tomato a mayonnaise

BRECHDAN STECAN CAWS PHILLY 12.95

Tafelli o stecan syrllwyn, gyda winwns a pupur coch wedi ei orchuddio mewn caws monterey jack wedi'i doddi

PLOUGHMANS 10.95

Ham, caws a siytni afal a chwrw.

HAM A COLSLO 9.95

GOUJONS HADOG 10.95

Wedi'i weini gyda siytni tomato

FETA FEGAN, HWMWS A TOMATO 9.95

(LL)(FG)

BARA GWASTAD

ar gael o 12yn-3yh

GWYGBYS CORINATION (LL) 8.95

Wedi'i weini gyda mango wedi'i rhostio a nionod crensiog

CORGIMYCHIAID A TOMATO SYCH 12.95

Gyda saws Marie rose sbeislyd, capers a dresin tsili coch

CIG OEN GOLOSG SBEISLYD 13.95

Gyda ffeta friwsionllyd a nionod creisiog

I DDECHRA

CAWL Y DYDD 6.95

Wedi'i weini gyda bara gwledig a menyf halen môn a perlysiâu

BRUSCHETTA GORGIMWCH MEWN SAWS MARIE ROSE A TOMATO SYCH 8.95

Wedi ei weini gyda salad roced a tomatos ceirios

MADRACH BOTWM HUFENNOG A GARLLEG RHOST (LL) 8.95

Wedi'i weini ar fara gwladaidd wedi'i dostio

PATE Y DYDD 9.95

Wedi'i weini gyda siytni afal a chwrw a bara wedi'i dostio

ADENYDD CYW IAR A GOUJONS CYW IAR 10.95

Wedi'i weini gyda saws barbaciw Corea

PASTA

PASTA PENNE CYW IAR, PANCETTA A PARMESAN 16.95

Cyw iar a pancetta mewn saws hufennog parmesan wedi'i weini gyda bara garlleg

PASTA PENNE ARRABIATA LLYSIAU 14.95

Y CANOLDIR (LL)
Cymysgedd o llysiâu y canoldir mewn saws arrabiata wedi ei weini'i a bara garlleg



FOUR CROSSES

PUB & RESTAURANT

SALADAU

SALAD CESAR CYW IAR CREISIONLLYD 12.95

Cyw lar creisionllyd, bacwn, letys babi gem, caws parmasan a saws cesar

SALAD CORGIMYCHIAID BRENIN A CRANC 13.95

Wedi'i weini gyda nwdls udon oer, olew tsili a pak choi

STEC GOLOSG A CAWS GLAS PERL LAS 13.95

Tafelli stec syrllwyn golosg wedi'i weini gyda caws perl las a nionod creisiog a saws pomegranad

SALAD GWENITH YR HYDD, FFA 11.95

LLYDAN GWYGBYS (LL)(FG)
I gyd wedi'i gymysgu gyda dail roced, wedi orchuddio mewn mwstard grawn cyflawn a dresin pesto coch

CINIO PLOUGHMANS Y FOUR CROSSES 15.95

Ham wedi'i rhostio, dewis o cawsiau lleol, nionyn wedi'i biclo, porc pei, wy scotch lleol, siytni afal a chwrw, bara gwledig a menyf

O'R MOR

PYSGODYN Y DYDD MEWN CYTEW 16.95

Pysgodyn y dydd gyda sglodion gwladaidd, pys gardd a saws tartar

SCAMPI CLASUROL 15.95

Wedi'i weini gyda sglodion gwladaidd, pys gardd, a saws tartar

FILED EOG GYDA CRWST LEMWN A PHERLYSIAU 19.95

Wedi'i weini a ffa gwyrdd, moron siantani, tatws newydd wedi'i ffrio a saws gorimychiaid brenin a dill

PYSGODYN Y COGYDD 18.95

Dewis pysgodyn y cogydd, wedi'i weini a moron siantani, tatws newydd wedi'i ffrio, ffa gwyrdd a saws garlleg a pherlysiâu

O'R FLAM

BYRGRYR CAWS Y FOUR CROSSES 16.95

2 x byrgryr 4 oz gyda bacwn a caws ar e'i ben, newn bynsen cwrw a surdoes, gyda tomato a letys babi gem a sglodion gwledaidd a coleslaw

BYRGRYR CAWS GLAS 16.95

2x byrgryr 4oz gyda caws perl las ar ei ben, marmaled nionyn coch mewn bynsen cwrw surdoes a sglodion gwledaidd a coleslaw

MAE Y PRYDAU ISOD YN CYNWYS, SGLODION GWLEDAIDD, TOMATO WEDI'I RHOSTIO, MADRACH A PHYS GARDD

STECAN SYRLWYN 10OZ 24.95

STECAN RWMP 10OZ 27.95

GRILL CYMYSG Y FOUR CROSSES 31.95

Golwyth cig mochyn 4 oz, selsig cumberland, ffolen cig oen 4 oz, stecan syrlyn 6 oz, pwddin gwaed a wy hwyaden wedi'i ffrio

PRYDAU CLASUROL

CYRI Y DYDD 14.95

Wedi'i weini gyda reis, sglodion, bara naan a siytni mango

PEI STEC A CHWRW 14.95

Wedi ei weini'i gyda sglodion, pys gardd a greifi cyfaethog

LASAGNA Y COGYDD 16.95

Wedi ei weini'i gyda sglodion, salad roced, tomato ceirios a nionyn coch a bara garlleg

ASENNAU BARBACIW GYDA GWJONS CYW IAR 18.95

Wedi ei weini gyda, sglodion, coleslaw a corn melys cajun

SHANK CIG OEN WEDI'I GOGINIO YN ARAF 21.95

Gyda ffa gwyrdd, moron siantani, stwnsh llysiâu gwraidd a greifi mintys cyfaethog

HAM, SGLODION A WYAU 12.95

Ham hen ffasiwn, gyda sglodion, wy a pys gardd

STECAN GAMWN 12 OZ 16.95

Wedi'i weini gyda sglodion, pys gardd, wy wedi'i ffrio, a pinafal

CYRI GWYGBYS, SBIGOGLYS, CNAU COCO A TATWS MELYS (LL)(FG) 13.95

Wedi'i weini gyda reis, sglodion, bara naan a siytni mango

BYRGRYR CORBYS SPEISLYD A LLYSIAU 14.95

Gyda feta fegan a hummus ar ei ben, a nionod creisiog, sglodion, salad roced a tomato ceirios (LL)(FG)

BRON CYW IAR WEDI EI FFRIO MEWN PADALL 17.95

Wedi ei weini mewn saws madrall, garlleg a pancetta hufenog, ffa gwyrdd, tatws newydd wedi'i ffrio a moron siantani

SELSIG CUMBERLAND LLEOL 13.95

Gyda stwnsh llysiâu gwraidd, ffa gwyrdd, moron siantani a greifi cyfaethog

ALERGEDDAU AC ANODDEFIAD BWYD

Cyn archebu diod neu fwyd, siaradwch ag aelod o'n staff am eich gofynion. Er ein bod yn cymryd gofal i warchod cyfanrwydd ein cynhyrchion ysieuol, mae'n rhaid i ni gyngori bod y cynhyrchion hyn yn cael eu trin mewn amgylchedd cegin aml-gynhwysyn. Gall rhai pysgod gynnwys esgyrn bach.

AR Y'R OCHOR

SGLODION GWLADAIDD 4.5

SGLODION GWLADAIDD MEWN OLEW TRYFFL A PARMESAN 6

CIABATTA GARLLEG 4.5

CIABATTA GARLLEG A CAWS 5

CYLCHOEDD NIONYN 5

Gyda hufen sur cajun

CORN MELYS GOLOSG 5

Gyda hufen sur cajun

SALAD ROCED, TOMATO CEIRIOS, NIONYN COCH 5

Gyda saws pomgranad

SAWS PUPPUR 3

SAWS DIANE 3

SAWS CORGIMYCHIAID BRENIN, MENYN HALEN MON A PERLYSIAU 5

SAWS PERL LAS A PORT HUFENNOG 4

I'R PLANT

PYSGODYN Y DYDD BACH 9.95

Gyda sglodion, pys neu ffa pob

GWJONS CYW IAR 7.95

Gyda sglodion, pys neu ffa pob

STECAN SYRLWYN 6 OZ 11.95

Gyda sglodion, pys neu ffa pob

1/2 RAC O ASENNAU BARBACIW 9.95

Gyda sglodion, pys neu ffa pob

BYRGRYR CAWS 4OZ 8.95

Mewn bynsan cwrw a surdoes, pys neu ffa pob

SELSIG 7.95

wedi 'i weini gyda sdwnsh pys neu ffa pob

PASTA TOMATO 7.95

Gyda bara garlleg

HUFEN IA PLANT 3

I ORFFEN

CACAN CAWS Y DYDD 7.95

Gyda hufen a frwythau

WAFFLE GWLAD BELG 7.95

Gyda aeron cymysg a mascarpone, meringue siocled gwyn a mafon

CRYMBL Y DYDD 7.95

Wedi'i weini a chwstad

PWDIN SIOCLED TWYLL A OREN (FG) 7.95

Wedi'i weini a hyfen ia Fegan

PWDIN TAFFI GLUDIOG CARTREF 7.95

Wedi'i orchuddio gyda saws butterscotch "barti ddu" a hufen ia fanilla

CACEN CYFFUG SIOCLED 7.95

Wedi'i weini gyda saws siocled, frwythau a hufen ia fanilla

DATHOLIAD O HUFEN IA 6.95

Gyda pensiliau siocled, a frwythau